Jade Wellness Center is Located On Columbus Deck

Treat yourself to a Spa Package and design your own special day!

FULL DAY BEAUTY PACKAGE
A special day just for you
Swedish Classic Massage (45 min.)
Luxury Aromatherapy Facial
Hair Mask Treatment
Shampoo & Blow Dry/Set
Luxury Spa Manicure with Hand Massage

COST £177 — SAVE £19 — SPECIAL OFFER £158

PURIFYING PACKAGE
Therapist's Recommendation
Reviving Facial
Cool Mineral Wrap
Manual Lymphatic Drainage Massage (30 min.)
Luxury Spa Manicure with Hand Massage

COST £170 — SAVE £19 — SPECIAL OFFER £151

TRANQUILLITY PACKAGE
Completely De-Stress and Unwind
Shiatsu Massage (45 min.)
Luxury Aromatherapy Facial
Reflexology Massage (45 min.)

COST £166 — SAVE £19 — SPECIAL OFFER £147

TRIPLE ACTION PACKAGE
Purify & Stimulate
Luxury Aromatherapy Facial
Swedish Classic Massage (45 min.)
Hair Mask Treatment

COST £127 — SAVE £14 — SPECIAL OFFER £113

BODY PACKAGE
Ultimate Body Rejuvenation
Dead Sea Mineral Mud Wrap
Exfoliating Body Polish
Neuromuscular Therapy (45 min.)

COST £154 — SAVE £16 — SPECIAL OFFER £137

SERENITY PACKAGE
The total Well-Being Experience
Aromatherapy Massage (45 min.)
Cleansing Facial
Luxury Spa Pedicure with Foot Massage
Shampoo & Blow Dry/Set

COST £149 — SAVE £16 — SPECIAL OFFER £133

ORIENTAL PACKAGE
Enjoy an Ancient Ritual
Indian Head Massage (30 min.)
Reflexology Massage (45 min.)
Shiatsu Massage (45 min.)

COST £152 — SAVE £17 — SPECIAL OFFER £135

JADE WELLNESS CENTER PACKAGE
Your own personal Spa experience
Select three or more treatments and receive a 10% discount on the total price.

DISCOUNT 10%

WE LOOK FORWARD TO SEEING YOU

Jade Wellness Center

"EXCLUSIVE SPA EXPERIENCE"

HAIRDRESSING
MANICURE, PEDICURE
MASSAGE
BODY & BEAUTY TREATMENTS

Nature's secret of well being on board mv MARCO POLO
Indulge yourself with life's most perfect gifts
Relaxation, Invigoration, Rejuvenation

Massage

EASTERN HEAD MASSAGE
This ancient indian massage targets the shoulders, neck, scalp and head to relieve symptoms such as headaches, migraines, insomnia, sinus problems and stress related difficulties.

SWEDISH CLASSIC MASSAGE
A traditional technique that increases circulation, improves skin and muscle tone and soothes tired, aching muscles resulting in complete relaxation of body and mind.

AROMATHERAPY MASSAGE
A specialised treatment to relieve stress, tension, fatigue, headaches, pms, allergies, nausea and many other health concerns. Specific essential oils are chosen to suit your individual needs.

ATHLETIC 'SPORTS' MASSAGE
Deep massage and stretching techniques are applied to major muscle groups used in physical activities and sport.

LYMPHATIC DRAINAGE MASSAGE
A light-touch massage technique that stimulates the lymphatic system, the body's elimination/drainage system. Reduces water retention and swelling.

NEUROMUSCULAR THERAPY
A combination of deep oriental and European massage techniques are applied to relieve muscular discomfort.

REFLEXOLOGY
Involves manipulation of specific pressure points on the feet to deeply relax the whole body.

SHIATSU
The Japanese version of accupressure which applies finger pressure to specific points of the body to balance energy levels.

30 minutes	45 minutes	60 minutes
£ 38	£ 57	£ 64

Body

EXFOLIATING BODY POLISH
£ 45
An essential treatment wherby the skin is removed using dead sea crystal salt, a remarkable and natural cleaning agent rich in moisturizing mineral, that leaves the body cleansed of impurities, smooth, invigorated and vibrant. A shower is recommended afterwards.

DEAD SEA MINERAL MUD WRAP
£ 52
A luxurious top to toe treatment, application of this pure mineral mud will deep cleanse the skin, drawing out impuritiesand excess oils, while intensively re- mineralising to the lowest layers. Your Ahava therapist will perform scalp and foot massage for you while the wrap gently envelops and relaxes you.

COOL MINERAL WRAP
£ 52
Reduces swelling and puffiness and relieves tired, swollen ankles and feet. increased effectiveness is achieved when combined with mld massage.

Fitness

Please Check The Cruise News for Opening Hours.

Sauna

Sauna is Complimentary.
Open daily from 9:00 am to 9:00 pm.

Skin Care

CLEANSING FACIAL
£ 41
This relaxing facial is suitable for all skin types and is strongly recommended for sluggish, tired or congested skin. 45 mins.

REVIVING FACIAL
£ 52
The reviving facial is a luxurious treatment for dehydrated, dry or mature skin. Enjoy 45 minutes of hydrating and therapeutic care, incorporating mineral most gentle nourishing masque and benefit from the massage treatment for the face, neck and shoulders, moisturizing to the lowest layers. This facial promotes a fresh and radiant glow to the skin.

LUXURY AROMATHERAPY FACIAL
£ 52
Incoporates specific, massage techniques to the face, neck and scalp using pure essential oils to suit your skin type. Detoxifies and oxygenates the skin and gives a complete feeling or relaxation.

BACK CLEANSING TREATMENT
£ 45
Incoporates steam to cleanse, Dead Sea mud to detoxify and a relaxing massage using essential oils to tonify the back.

CLEANSE AND MAKE-UP
£ 24
After a deep cleansing, you'll be consulted on the suitable colours to yours skin tone. You'll look and feel great and, maybe, have a New Make-Up Style!

Waxing

HALF LEG	£ 14
FULL LEG	£ 22
BIKINI	£ 14
UNDERARM	£ 10

Hairdressing

STYLING

Shampoo & Blow Dry/set	£ 22
Shampoo & Cut	£ 22
Shampoo Cut & Blow Dry/set	£ 39
Shampoo & Trim	£ 15
Comb Out	£ 15

LONG HAIR

Shampoo & Blow Dry/set	£ 25
Shampoo/set & Hair Up	£ 32
Hair Up (Evening Style)	£ 21
Braiding	£ 15

PERMING

Traditional Permanent	£ 52
Body Wave Permanent	£ 52

COLOUR

Highlights/lowlights	£ 52
Roots Highlights/lowlights	£ 38
Permanent Colour	£ 46
Semi-permanent	£ 38

TREATMENTS

Hair Mask Treatment	£ 17

NAIL CARE

Luxury Spa Manicure with Hand Massage	£ 28
Nail Polish Change	£ 11

FOOT CARE

Luxury Spa Pedicure with Foot Massage	£ 29

MEN'S STYLING

Shampoo & Hair Cut	£ 18
Shampoo, Cut & Styling	£ 21
Manicure With Hand Massage	£ 21
Pedicure With Foot Massage	£ 27

Open daily. Please call or visit us to make an appointment